

# — SET YOUR — HEART ON THINGS ABOVE

*If you've spent any time reading the Bible, you've probably noticed that God spends a lot of time talking about the heart. Whether it's David being a man after God's own heart, Israel's heart of stone, or Christ dwelling in our hearts, it doesn't take long to figure out that our hearts are central to who we are. In this series we'll explore how our hearts impact the direction of our lives and what it means to set your heart on things above.*

**August 16**

Set Your Heart

**August 23**

Guard Your Heart

**August 30**

A Heart That Trusts

**September 6**

A Transparent Heart



## This Week

The things we allow into our heart end up becoming the materials we use to build our lives. How can we know what's worth letting in and what isn't?

## Scripture

*"Above all else, guard your heart, for everything you do flows from it."* - Proverbs 4:23



## Bottom Line

The materials in your heart build your life.

## Questions

- Where do the materials in our heart come from?
- How do you know good material from bad material?
- How do you know when you've let bad materials in your heart?
- How do you replace the bad material that's already there?
- Is there anything you've let in your heart that you need to get rid of?



## Parent Discussion Point

How, as a family, have you decided what heart materials you collect and which you discard?