# SET YOUR THINGS ABOVE

If you've spent any time reading the Bible, you've probably noticed that God spends a lot of time talking about the heart. Whether it's David being a man after God's own heart, Israel's heart of stone, or Christ dwelling in our hearts, it doesn't take long to figure out that our hearts are central to who we are. In this series we'll explore how our hearts impact the direction of our lives and what it means to set your heart on things above.

August 16 Set Your Heart August 23 Guard Your Heart

August 30 A Heart that Trusts

September 6 A Transparent Heart



# This Week

Trust can be tough. Whether you've been burned in the past or you just like to be in control, it's difficult to hand over the reins to someone else. This week, we'll learn that God is trustworthy and wants you to trust Him with your whole life.

**Scripture** *"Trust in the Lord with all your heart, and do not lean on your own understanding." -* **Proverbs 3:5** 





### Bottom Line

A trusting heart is a peaceful heart.

# Questions

- When has it been easy for you to trust in God? When has it been hard for you to trust in God?
- Is it easier to trust others than God? Who do you find yourself trusting?
- In what areas of your life does God want you to trust Him? What does it look like to trust Him in those areas?
- What might stand in the way of you trusting God?



# Parent Discussion Point

Share a story with your family of a time when you trusted God with a decision and what came of it.